

KIT LIST

Below you can find our recommended kit list. We do stress that it is not necessary to go out and buy all new and expensive kit to come on our courses. So long as you have a sleeping bag and roll mat, torch, appropriate footwear and some warm clothes you will be fine.

ESSENTIALS:

Large rucksack (or alternative bag/suitcase)
Small rucksack for daytime away from camp
Warm sleeping bag (season 3)
Roll mat
Tracksuit/hard-wearing trousers
T-shirts
Warm jumpers/fleece
Waterproof jacket and trousers
Warm socks and underwear
Footwear (2 pairs - e.g. walking boots, old trainers)
Towel
Wash bag including toothbrush, toothpaste and face wipes
Water bottle
Good torch with fresh batteries
Insect repellent
Alcohol Hand Gel

OPTIONAL:

Sleeping bag liner
Pillow
Whistle

WEATHER DEPENDENT:

Wellington boots
Warm hat
Gloves
Sun cream
Sun hat

✗ We kindly ask that you do not bring any sweets or snacks onto camp, particularly those containing nuts. We also do not advise bringing electronic equipment, such as mobile phones.

Please also feel free to visit our shop at www.thebushcraftcompany.com/shop

